

WEDNESDAY July 24th, 2019

	MAIN GYM	SECOND GYM	CLASSROOM
10:00 AM - 1:00 PM	All-Star Match Practice - Main Gym		
11:00 AM - 1:00 PM	Clinic Registration - Commons		
1:15 PM - 1:45 PM	Clinic "WELCOME" - Main Gym		
	Becca Pulju - MNVBCA President		
2:00 PM - 2:50 PM	BYOP: Connecting Parents with Youth		
	Ruth Nelson, 2014 AVCA Hall of Fame inductee		
3:00 PM - 3:50 PM	OH Hitter Training	Warm-Up Games	Volleyball Mindset--Developing the Predator Mindset
	Todd Nelson, St. Kates	Damion Fox, St. Olaf Asst.	Jake Hunter, Winning Mindset
4:00 PM - 4:50 PM	Drill Design and Adapting Drills	Teach your Athletes to be Great Teammates	Reaching Success Despite Mistakes
	Ruth Nelson, 2014 AVCA Hall of Fame inductee	Heidi Smith, St. Cloud Tech and Community College	Sarah Hammers, Norwood-Young America
5:00 PM - 5:30PM	Time With Vendors	Time With Vendors	Time with Vendors
6:00 PM - 8:00 PM	MNVBCA All-Star Volleyball Match - Main Gym		
8:00 PM - 11:00 PM	COACHES SOCIAL - HOLIDAY INN & SUITES	Sponsored by: BADEN	
	Poolside 7:30-10		

THURSDAY July 25th, 2019

	MAIN GYM	SECOND GYM	CLASSROOM
8:00 AM - 8:45 AM	Registration - Commons		
9:00 AM - 9:50 AM	Training the High School Middle	Serving and Serve Receive Strategies	"Systems For Winning!": Part 1 Head Coaches Get 2019 Volleyball1on1 Coaches Manual
	Patti Ford, UW-River Falls	Joe Sussenguth, University of Minnesota-Morris	Andor Gyulai - Volleyball1on1.com & #1 Youtube Spiking Coach
10:00 AM - 10:50 AM	Running a Fast-Paced Offense	Drills to Connect Players	"Actions For Winning!": Part 2 Coaches Get Volleyball1on1 Vision Training Poster
	Patti Ford, UW-River Falls	Megan Askegard, Barnesville	Andor Gyulai - Volleyball1on1.com & #1 Youtube Spiking Coach
10:50 AM - 12:20 PM	LUNCH and SECTION MEETINGS	LUNCH and SECTION MEETINGS	LUNCH and SECTION MEETINGS
12:30 PM - 1:20 PM	Individual Defense	Blocking: Fundamentals and Schemes	Positive Team Chemistry
	Jon Hegerle, Jamestown College	Drew Davis, NDSU Asst.	Joelle Grimsley, Mayer Lutheran
1:30 PM - 2:20 PM	Drills, Drills, and More Drills	Attacking: Technique and Schemes	Marketing the Student Athlete
	Lonnie Morken, Mabel-Canton	Drew Davis, NDSU Asst.	Ruth Nelson, AVCA 2014 Hall of Fame inductee
2:30 PM - 3:15 PM	ALL-STAR PANEL--answer audience questions		
	Lonnie Morken, Joelle Grimsley, Franz Boelter, Ruth Nelson (???)		
3:15 PM - 3:30 PM	FAREWELL and FINAL DOOR PRIZES COURT #1 - THANK YOU FOR COMING TO THE 40TH ANNUAL MNVBCA CLINIC!		